



Do you ever feel overwhelmed? Stressed Out? Like your emotions are too hard to handle alone?

Hawaii UTelehealth wants to offer free virtual support groups for teens ages 13-18!

We want our support groups to focus on topics relevant to you in order to help navigate life's many challenges.

Participants in this survey will be entered to win a \$10 gift card, and participation should only take you 5 minutes. Thank you so much for your help and we look forward to hearing from you!



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